



## Rose Paves the Path to Self-Sufficiency

Rose is a single mother who worked as an executive assistant for a big company for eight years. Just as her daughter started thinking about college, Rose found out she was pregnant and was laid off from her job. She was alone, pregnant and unemployed with a teenager still at home. In the midst of her crisis, she found out she had a rare blood disorder that required emergency surgery. NFCC was there to help her with food and assistance. She took the opportunity to learn skills and better herself while she was out of work. She came to NFCC for job coaching classes, computer classes, budgeting workshops and financial planning. When Rose did get back on her feet with a new job, she also had a



new arsenal of skills. She wrote a book, started a company, started a savings account for her new son and is currently working on second book. This would not have been possible without the generous support of our donors.

Rose's story is one of several stories featured in a new monthly video series titled, "The Faces of NFCC." Subscribe to our YouTube Channel [www.youtube.com/user/NFCCHelp1](http://www.youtube.com/user/NFCCHelp1) to see Rose's story and others.

**OUR MISSION:** To build self-sufficiency and prevent homelessness and hunger in our community by providing emergency assistance and enrichment programs.



ASHLEY SHOWS OFF HER NEW VEHICLE

## Ashley and Ida Say Thank You

From the bottom of my heart my family and I would like to thank you. Your car that you donated was a huge blessing to us in our time of need. I'm a single mother who is also a caregiver for my mother and have been experiencing hardship, but my faith keeps me strong. We love our car and my daughter loves the sun roof. Best part of it all is that I don't have to pay a car note thanks to your donation. Thank you." – Ashley

**With limited options for transportation, many low-income families struggle to get to work. A donated vehicle helps families overcome this barrier.**

I want to say I appreciate that you donated your vehicle to North Fulton Community Charities to help someone in need. I would like to say thank you, because I was that someone in need who needed a vehicle to go back to start my old job after being in remission for several years. It helped me to be able to get to and from work and other places I need to go daily. I am very grateful and thankful for you and North Fulton Community Charities. Thank you." – Ida

Do you have a working car you'd like to donate? Email [bduffy@nfcchelp.org](mailto:bduffy@nfcchelp.org) and be the hero to a family in need!

## Stamp Out Hunger Coming to Your Mailbox May 11

The 27th annual Letter Carriers' Stamp Out Hunger® Food Drive is coming up on Saturday, May 11. North Fulton Community Charities is once again participating. Look for our special bags to be delivered to your mailbox before the big day! To help, put your food donation in the provided bag (or any bag you have) and set it out for the mail carrier **by your mailbox on Saturday, May 11**. The letter carrier will pick up your donation and deliver it to our awaiting trucks.

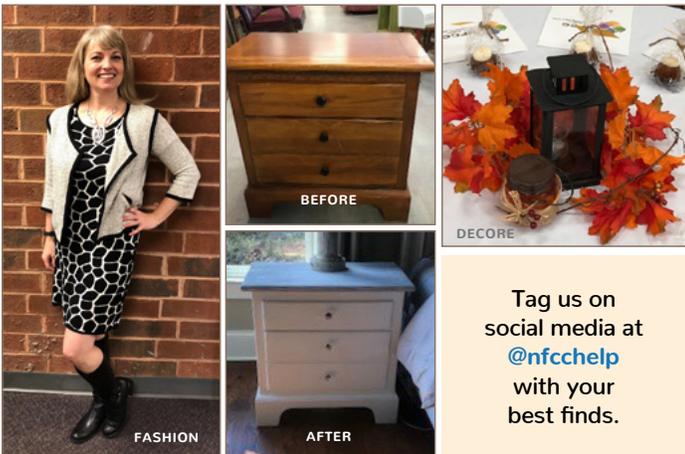
This event helps stock our food pantry. Providing food is the first line of defense for someone struggling financially—using the Food Pantry frees up money to pay rent, utilities, transportation or an unexpected expense. Food from the NFCC Food Pantry is available to anyone in North Fulton that is in need.



Visit our website at [www.nfchelp.org](http://www.nfchelp.org) for a list of the foods most urgently needed at the pantry.

### I Found it at the Thrift Shop...

The perfect outfit, a centerpiece for your themed dinner, a furniture flip...tell us what you found at the NFCC Thrift Shop!

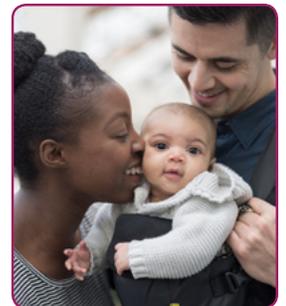


Tag us on social media at [@nfchelp](https://twitter.com/nfchelp) with your best finds.

All proceeds from the NFCC Thrift Shop go back to support the mission. Last year, revenue from the Thrift Shop was over \$1.2 million dollars. Thank you for shopping with a purpose!

Sign up for the **NFCC Savers Club** at [www.nfchelp.org/thrift](http://www.nfchelp.org/thrift).

With incredible support from our community last year, we were able to assist **4,285 families**, **40% of whom were coming to NFCC for the very first time**. Thanks for whatever part, big or small, you had in making that outpouring of love possible. Together, we can help!"



- Barbara Duffy, Executive Director

### Self-Sufficiency Puts Money Back into the Community

After completing NFCC Classes, surveyed participants are earning \$10.50 or more per hour! **That equates to approximately \$1,547,520 in gross earnings returning to our community and government services.**

The Education Center at NFCC helps families move toward financial stability and self-sufficiency by offering free adult basic education and life skill classes including English, GED test preparation, financial and computer literacy, workforce readiness and more. Thanks to our volunteer instructors, classes are free and open to our community space permitting. On-site childcare is provided at no cost to participants for most evening and weekend classes.

#### WAYS TO HELP:

- Volunteer · Shop at the Thrift Shop
- Donate at [www.nfchelp.org/donate](http://www.nfchelp.org/donate)

## Play FORE Good

Join us for a brand new event this year titled Play FORE Good at **TopGolf in Alpharetta** on **April 25th** from **4-7pm**. It will be a fun evening of socializing, dinner, drinks and TopGolf Tournament Play all to support NFCC. If you have been looking for a way to get involved this is a great opportunity to learn more about what we could do and how you can make your mark. Tickets are on sale now at [www.nfcchelp.org/play](http://www.nfcchelp.org/play) while they last. A limited number of sponsorships are also available for this event.



Help us hit our goal to raise \$15,000 for NFCC at Play FORE Good.



## 11th Annual Swing Into Action Golf Tournament

Now in its 11th year, the Annual Swing Into Action Golf Tournament will be held at **Country Club of the South** on **April 29th**. The goal this year is to raise \$100,000 to help fulfill our mission "To build self-sufficiency and prevent homelessness and hunger in our community by providing emergency assistance and enrichment programs." Registration is now open at [www.nfcchelp.org/swing](http://www.nfcchelp.org/swing) and limited sponsorships are also still available.

Sign up online, today at [www.nfcchelp.org/swing](http://www.nfcchelp.org/swing)

**DID YOU KNOW?** 47% of NFCC clients are single parents. When you need to make an average of \$19+/hr for a 2-bedroom unit at fair market rent in North Fulton, many single parents struggle just to afford the rent on a single income.

As we move into 2019, activity is high with several events scheduled. We encourage you to take part. The funds raised at the events allow us to continue to fulfill and expand our mission. Thank you for your support. Your investment in NFCC is making a difference!"

- Jim Pope, Executive Board President

### CHECK OUT OUR UPCOMING EVENTS

#### APRIL

- 1-5 Fulton County Spring Break – over 17% of our children won't receive their free school breakfast or lunch this week. Poverty doesn't take a vacation.
- 7-13 National Volunteer Week
- 13 & 19 NFCC Tours
- 13 & 25 New Volunteer Orientations
- 17 Volunteer Brunch
- 25 Play FORE Good
- 29 Swing Into Action Golf Tournament

#### MAY

- 4 & 14 NFCC Tours
- 4 & 16 New Volunteer Orientations
- 11 Stamp Out Hunger Food Drive
- 27 Memorial Day – NFCC Offices, Food Pantry and Education Center Closed

#### JUNE

- 1 & 11 NFCC Tours
- 1 & 13 New Volunteer Orientations

Follow us on social media @nfcchelp for Thrift Shop sales, Classes, Workshops and More.



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## ALL HANDS · A NFCC NEWS MAGAZINE

SPRING 2019



### Why I Volunteer

Teresa Dore started volunteering at NFCC with her teenagers to teach them the value of service and show them that although poverty in North Fulton is often hidden, it very much exists in our community. They found their place in the NFCC Thrift Shop where they could roll up their sleeves sorting donations and preparing items for sale. What Teresa says she loves about volunteering in the Thrift Shop is that “the supply chain is very short and I can be an instrumental part of that process.” As a donation comes in and she sorts it and puts it out on the floor, she can watch as that item is purchased. She knows that with each purchase another family may be able to eat that night, keep their lights on, or stay in their home because all the proceeds from the Thrift Shop go back to support the mission of NFCC. Teresa’s story will be one of several stories featured in a new monthly video series titled, “The Faces of NFCC.”



What’s your story? Email us at [info@nfcchelp.org](mailto:info@nfcchelp.org) and tell us why you volunteer.

Subscribe to our YouTube Channel [www.youtube.com/user/NFCCHelp1](http://www.youtube.com/user/NFCCHelp1) to see them all.

### Together, we can help!

\$100,000+ SPONSORS



\$50,000+ SPONSORS



### Connect with NFCC

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Sign up to receive our monthly e-newsletter at [www.nfcchelp.org](http://www.nfcchelp.org)